

be true to your nature...

FACIAL TREATMENTS

PHARMOS NATUR – GREEN LUXURY® **Phytomedical Cosmetics**

Pharmos products are the only one of its kind in Europe, as products are, in addition to all other natural products, additionally free of water, alcohol and citric acids, which makes them especially ideal for people with allergies, sensitive and problem skin, as the base for all their care products is fresh, manually extracted organic aloe vera juice!



PHARMOS NATUR – GREEN LUXURY is offering you a new exciting world with a variety of treatments that consist of specially developed rituals for a soft flawless skin. Treat yourself to sparkling refreshed eyes and silky smooth skin all over your body.

The products are of the best available quality to ensure you will receive, as the name suggests, a “luxury” experience. The use of the fresh aloe vera leaf, which will be cut for you especially during treatment is giving you the unique, one of kind treatment you will not find with any other brand. Your skin will radiate anew, replenished with all the goodness from the plants for a long-lasting result! Redness and fine lines will disappear, wrinkles will be reduced and liver spots are disappearing visibly leaving your skin firm with a glow.

Regular visits to your beautician alongside your skin care regime at home will ensure that you look years younger just after your first visit! Treat yourself to a relaxing treatment and see for yourself!

HARMONY

achieve facial equilibrium, for stressed and blemish prone skin –
cleanse, herbal steam with algae peeling, short extraction of impurities, short massage
with fresh aloe vera leaf, intensive mask and face cream

55mins Fr. 150

BALANCE

for problem and acne prone skin –
cleanse, herbal steam with algae peeling, extraction of impurities, massage with aloe
very leaf, calming mask and daily moisturiser

75mins Fr. 170

PHARMOS SIGNATURE TREATMENTS AND NATURAL LIFTINGS:



JOY FOR LIFE

Facial Deluxe & Detox –
cleanse, herbal steam with algae peeling,
extraction of impurities, Pharmos Natur
signature massage chest, neck and face, fresh
aloe vera leaf facial massage, intensive mask
and daily moisturiser

90mins Fr. 190

SESAM-MÉ® (the beauty of Arabian nights)

Natural anti-ageing treatment without injections or fillers!
Intensive treatment for your face, neck and chest with black sesame seeds “the black
gold from the Himalayas” and fresh aloe vera gel!

This one will not leave you disappointed!

75mins Fr. 180

SESAM-MÉ® COURSE

Course of 7 weeks – one treatment each week with a deep cleanse in the 1st and 6th week including a intensive serum for you to use at home.

Fr. 1250

MAYA-MÉ®

Pamper yourself and your skin with a luxurious facial treatment with fresh

Aloe Vera caviar mask to leave your skin hydrated and vitalised and you relaxed. The treatment will start with an essential oil foot wrap and a herbal steam cleanse with a 30mins neck-shoulder-arm-hand and facial massage followed by the fresh aloe extract caviar mask for face and eyes – to replenish your skin and moisturise your eyes. The use of two soft brushes to stimulate the fluid flow in the connective tissue and the lymphatic system will complete the treatment.

120mins

Fr. 200

FARFALLA: soft like a kiss of a butterfly



BUSINESS

Quick Lunch-Refresh:

Skin cleanse with essential oil compress, herbal steam, brow reshape, relaxing neck-shoulder-facial massage to ease the facial tension, intensive care of an extra firming or moisture serum followed by a mask and a moisturiser for your skin type.

55mins

Fr. 115

CLASSIC

The essential facial treatment:

You are being welcomed with a relaxing footbath and a soft effleurage on hands and feet. Cleanse and peeling with herbal steam, deep cleanse of impurities, relaxing neck-shoulder-facial massage with essential oils, face and eye mask, hot or cold compress and a finishing moisturiser cream. **Treatment includes brow re-shape** + extra firming or moisturiser booster serum

75mins Fr. 130

Fr. 10

ACNE SPECIAL

This facial is specially designed to cleanse acne skin of any age:

Cleanse, herbal steam, extraction of the impurities, mask and moisturiser according to your skin type

55mins Fr. 100

EYES & BROWS

Tint Lashes or Brows

each 20mins Fr. 25

Eyebrow reshape/tidy

Eyebrow shape new

20-30mins Fr. 35

EYELASH PERM (WIMPERNWELLE®)

No more mascara or lash curlers needed for your perfect eyelash shape! A special formulated technique gives you curled lashes for up to 6 weeks!

45mins Fr. 75

In combination with a tint – the perfect combination for the beach!

GENTS FACIAL TREATMENTS

PHARMOS NATUR – GREEN LUXURY®

Phytomedical Cosmetics

XPRESS

Quick business fresh-up:

Cleansing and algae peeling with herbal steam, eyebrow shape up, massage with aloe vera leaf, hydration mask and facial cream suited to your needs

+ XPress manicure

55mins Fr. 110

+20mins Fr. 135

75mins Fr. 140

BASIC FACIAL

Cleansing and algae peeling with herbal steam, deep cleanse of impurities, relaxing shoulder-neck-and face massage, eyebrow shape up, hydration mask and facial cream suited to your needs

ANTI-AGEING DELUX

SOFTEN YOUR WRINKLES AND FRESHEN UP YOUR APPEARANCE!!!

Cleanse and herbal steam with algae peeling, extraction of impurities, massage with aloe vera leaf, aloe vera leaf gel and black sesame seeds mask, relaxing facial massage to soften facial muscle tensions – leaving your skin looking radiant and rejuvenated, finishing daily facial care suited to your needs

90mins Fr. 160

+ XPress manicure during facial treatments (shape nails and peeling)

Fr. 25

BODY TREATMENTS

FACE

FACIAL HARMONY

Facial and décolleté massage with relaxing essential oils to restore facial harmony and lessen any lines and tension wrinkles

30mins Fr. 55

TOTAL RELAX

Facial and décolleté massage with relaxing essential oils including soft brush technique to drain lymphodematical fluids and waste toxins stored in your facial lymphatic areas

60mins Fr. 95

MASSAGE & SPA TREATMENTS



AROMA MASSAGE

Anti-stress massage for your back with warm essential oils to ease tension and trigger spots

30mins Fr. 65
55mins Fr. 95

INDIAN HEAD MASSAGE

This indian massage technique is based on ayurvedic massage therapy. It is holistic revitalising and relaxing, harmonises your body and soul. It is especially good to heighten your concentration and aids if you suffer from headaches, migraines, shoulder tension and insomnia.

20-30mins Fr. 60

LOMI LOMI NUI

This exotic massage therapy form has been used for centuries in the Hawaiian tempels for rituals as well as healing. You will enjoy a deep relaxing, unique flowing, vibrant body massage with warm oils. Eases body blockages and will leave you rejuvenated!

75min Fr. 130



THAI HERBAL COMPRESS

This old traditional massage from Thailand. Massage compresses, which are especially made for your needs will be used during the whole course. Hot sesame oil with release the phytomedical powers of the herbs and will transport it directly into your skin, releasing

75mins Fr. 165

blockages and tensions. The massage is tailored to your specific needs and herbs can be made to: relax, exhilarating, detoxifying, warming or balancing

SUGAR BODY EXFOLIATION

A full body exfoliation increasing circulation and removing dead skin cells - brightens and tones the skin, and invigorate the senses with a superior blend of precious aromatherapy oils

30mins Fr. 55

BUST

Anti-ageing for your décolleté. Firming, toning and hydrating the tissue around your upper body area that supports the bust, improving overall appearance. A course of eight sessions is recommended.

45mins Fr. 65

SPECIALISED BACK TREATMENT

A super smoothing back treatment designed to rid skin of impurities and your muscles of stress. A deep cleansing scrub is followed by extraction, mask and then a back massage using the Thai herbal compress technique

30mins Fr. 75

+extraction of impurities (deep cleanse)

+20mins Fr. 95

HAIR REMOVAL WITH BODYSUGARING / ORIENTAL SUGARING

LADIES BODY WAXING:

1/2 legs		30mins	Fr. 65
1/1 legs		45-60mins	Fr. 100
Underarms		10mins	Fr. 30
1/2 arms		20mins	Fr. 45
1/1 arms		30mins	Fr. 60
Bikini small (sides only)		20mins	Fr. 50
Bikini big (incl. "the back")		25mins	Fr. 60
Brazilian (-strip) or Hollywood		30mins	Fr. 65
Facial Hair: Upperlip, Chin, Brows, Sides etc	each	10mins	Fr. 25
Two of the above together		20mins	Fr. 45
Full Facial Hair removal		30mins	Fr. 60

WAXING DURING FACIAL TREATMENTS:

Upperlip, Chin, Sides, Brows, Hair	each		Fr. 15
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GENTS BODY WAXING:

Nose		10mins	Fr. 15
Ears		10mins	Fr. 25
Back incl. Neck		30mins	Fr. 65
Back incl. Neck & Shoulders		45mins	Fr. 85
Shoulders small (few hair)		10mins	Fr. 25
Shoulders large		20mins	Fr. 45
Chest		20mins	Fr. 50

Abdominal	15mins	Fr. 40
Chest & Abdominal	35mins	Fr. 85
Underarms	15mins	Fr. 40
Lower Arms incl Hands and Ellbow	20mins	Fr. 40
1/1 Upper arms incl Shoulders	20mins	Fr. 50/65
1/1 Arms w/o Shoulders	20mins	Fr. 40
1/2 Legs	30mins	Fr. 70
1/1 Legs	45mins	Fr. 115
Male Brazilian / Hollywood / SBC (Sack, Back and Crack)	45mins	Fr. 95
Buttocks only (inside & out)	30mins	Fr. 50
Full Male Body Wax (all blow the chin)	2-3hrs	Fr. 350

HANDS & FEET

MANICURE

Basic	45mins	Fr. 65
+ polish	55mins	Fr. 75
+ french polish	60mins	Fr. 80
Manicure Express (file nails, natural peeling & new polish)	30mins	Fr. 40

PEDICURE

Basic	55mins	Fr. 75
+ polish	70mins	Fr. 85
+ french polish	75mins	Fr. 90
Pedicure Express (file nails, natural peeling & new polish)	30mins	Fr. 50
extra Footmask	+10mins	Fr. 15

*****PLEASE BRING YOUR OWN FLIP FLOPS OR SANDALS IF YOU CANNOT WAIT FOR POLISH TO DRY*****